

Neroe Trip for grade 7 \& grade 11

## Letter from Business Manager, Mona Hassan

Dear Parents,
In celebration of World Sight Day KAS has decided to take part by raising the awareness among its students. World Sight Day is an internationally recognized day promoted by the International Agency for the Prevention of Blindness. In 2013, World Sight Day was held on Thursday October the 10th.

Our Elementary students had a general eye test today in our nurse's office conducted by a professional team from Mohamed Nour Optics; made up of four doctors, three observers and two assistants.Students who were diagnosed with a vision problem have been referred to Mohamed Nour Optics for another vision test, free of charge while those who were thought to have potential eyes problems were referred to an another ophthalmologist in Mekka Hospital. At the end of the day they left school very excited today especially after they received all the freebies given to them by the campaign organizers.

Middle School and High School students will have their tests done on Sunday 10th from 09:00-02:00pm. Parents are welcome to come take part in this important and exciting event.

I would like to remind you that our eyes are the windows to the world. No camera is a match for the tasks that our eyes are able to perform on a daily basis: they are able to distinguish between light and dark, they can perceive colors, recognize spatial contrasts and adapt effortlessly and at lightening speed to any distance and all light conditions.

Charlotte Bronte once said, " the soul, fortunately, has an interpreter- often an unconscious but still a faithful interpreter- in the eye".

In conclusion I urge you all to take good care of your precious eyes, and as always I wish you a great weekend.



Ask any 10th or 11th grade student and they will tell you that last week's PSAT was no walk in the park. Nearly all of our sophomore and junior students participated in the annual PSAT, a practice test for the Standard Achievement Test (SAT). The SAT is the test nearly all high school students will need to take in order to enter universities around the globe. It consists of math, writing, and critical reading sections - everything to prove to universities and colleges that you have what it takes to succeed! But scoring well on the SAT isn't easy, and takes lots of studying and practice.

For students interested in preparing more for the SAT, here are a few great resources to get you started!

YOUR SCHOOL LIBRARY

Go check out the free study books, which have practice tests, exercises, and study tips!

## CONSUDER TAKJNG SAT MATH AT RAS

An elective course offered by Ms. Bissonnette. She works with students to tackle the math portion of the test, even if your math skills aren't that strong!

## STUDY MATERDALS

There are a ton of books you can purchase to help prepare you for the test, and even some available for sale in our school's office.

> COLLEGEBOARD

Visit www.collegeboard.org for FREE, FULL practice tests and daily test questions to keep your brain working hard!

TARE THE PSAT
Take the practice test at school during your sophomore and Junior year at KAS. This is offered every year during October.

READ! READ, READ!
One of the best ways to prepare for the high level vocabulary used on the test is to read outside of class. This is naturally proven to increase your reading, writing, and vocabulary skills. And better yet, it doesn't even feel like you are studying!

That should be enough resources to get you started. There will be more to come once the results of PSAT come in. I will be meeting with all sophomores and juniors to show how you can access your scores, learn what questions you got incorrect and why, as well as how your results can guide you in your AP course, career, and college selection. Happy studying!

## Second Graders Love to Write /



Second grade students are becoming excellent writers! They are having fun learning how to write a five-sentence paragraph. Students recently worked on composing an expository paragraph describing an unforgettable trip they have taken.

Students follow an explicit step by-step-process. They start by learning how to write a topic sentence. Then they add three juicy detail sentences and finally end with a satisfying conclusion. It's just like a hamburger! You have a top bun and a bottom bun that solidly hold the meat and juicy toppings all together.

Students are also using the writing process as they first brainstorm ideas, then write a rough draft, next proofread and edit, and eventually publish a beautiful final copy. The end result is certainly worth celebrating.

When students were asked why they love to write, Iskandar stated, "When I write, I have a lot of great ideas." "When I write, I feel good about myself," answered Serene.

Yes, we are proud of our work, and we hope you come to the second grade classroom and see our writing soon!


## Five Tips to Organize Your Life

## Procrastination

I'm sure many of you have heard that word once or twice. We're all guilty of it. To procrastinate is to "delay or postpone action or to put off doing something." Like rushing to study for your test an hour before class or running out the door to school with your shoes barely on your feet. This article will give you 5 easy tips to incorporate in your life to be organized and ultimately, successful.

1. PREPARE THE NIGHT BEFORE: pick an outfit and pack your bag the night before school. That saves the trouble of forgetting things in the morning, and you could get in some extra time to sleep.
2. USE A PLANNER: instead of relying on memory, how about writing down your plans for the day? iProcrastinate or the planner provided by the school is a great way to keep track of your homework assignments and to-do's. COLOR CODE: : in your planner, consider using the same colors for the same classes or activities. It's easier on the eyes and allows for a more useful planner.
3. SLEEP EARLY: getting your beauty sleep is important for the mind and body. It will allow for a more productive day.
4. PLAN, PLAN, PLANI! It is important to plan out everything ahead of time! Using your planner, preparing the night before, and getting enough sleep are all a part of the plan. Don't leave things to the last minute, because procrastination leads to devastation!


To Bite The Bullet is to carry out a task against the doer's wishes. It means getting on with something that just 'has to be done'. This phrase has its origins in the British Empire as the Victorians made friends around the world at the point of a gun. At the time of the Indian Mutiny, gun cartridges came in two parts with the missile part being inserted into the base and held in place by grease made of either cow or pork fat. To charge the bullets the two parts had to be bitten apart and the base filled with gunpowder before they could be fired. This task was usually left to low-ranking Indian (Hindu or Muslim) soldiers; to the first cows are holy animals, sacred and not to be desecrated and to the second pigs are untouchable. However they were forced, against their wishes, to 'bite the bullet' in times of battle.

## Dear Parents,

The PTA is pleased to say that the Bake Sale was a great success last Thursday. The students enjoyed the yummy treats so much. Thank you for your help and contributions!

Have a great weekend!
Yours PTA


